



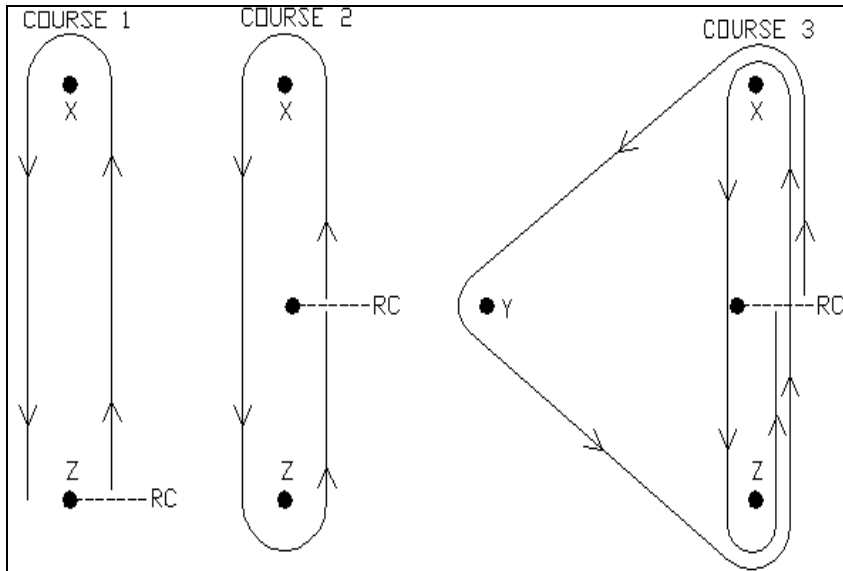
Sailing Instructions
SINGLEHANDED CHALLENGE
September 18, 2004

Organizing Authority - Kittery Point Yacht Club New Castle New Hampshire 03854

1. **Rules.** Racing will be governed by The Racing Rules of Sailing 2001-2004 (RRS), the prescriptions of US SAILING, the Notice of Race and this Sailing Instructions.
2. **Changes to the Notice of Race and these Sailing Instructions.** Any change to these Sailing Instructions will be made by email to the Skippers of each registered yacht by the Friday prior, at the skippers meeting or through hails made on VHF Channel 68 prior to the first Warning the day of the race. The Sailing Instructions will be posted and available at the Kittery Point Yacht Club, New Castle NH.
3. **Crew Limit.** A yacht will be crewed by the skipper only during the race. No other person is allowed to be aboard the yacht.
4. **Autopilots and Power Winches.** Use of autopilots and power winches is permitted.
5. **Sails.** Spinnakers and any combination of sails that the skipper is able to hoist are permitted.
6. **Check in Before Start.**
 - 6.1. Check- in commences when it is announced that the race committee boat is on station and is receiving check-ins.
 - 6.2. Yachts are required to check in either by leaving the stern of the Race Committee Boat to starboard and verbally stating the yachts sail number or hailing Race Committee on VHF 68 and identifying herself by sail number prior to the warning signal. Race Committee will acknowledge by responding with the yachts sail number heard and only then will the yacht be properly checked in.
 - 6.3. Sail numbers shall determine a yacht's identification.
7. **The Start.**
 - 7.1. Races will be started using RRS 26. First warning will be at 12:00 Saturday September 18, 2004.
 - 7.2. The race shall be started by using the following signals:
 - 7.2.1. Attention signal, a series of short sounds and a VHF 68 announcement approximately **6 minutes** prior to the start.
 - 7.2.2. Warning: Green flag displayed and 1 sound **5 minutes** prior to the start.
 - 7.2.3. Preparatory: P flag displayed, 1 sound **4 minutes** prior to the start.
 - 7.2.4. P flag removed, one long sound, **1 minute** prior to the start.
 - 7.2.5. Green flag removed, 1 sound, the race has started
 - 7.3. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

- 7.4. The starting line will be between the red post on the Race Committee Boat on the starboard end of the line and the nearest mark on the port end of the line.
- 7.5. The Race Committee may deploy a small orange inflatable buoy at a distance of eight to ten feet from the transom of the committee boat, the purpose of which will be to keep starting yachts well clear of the Committee Boat. Such a buoy and its painter, if deployed, will be deemed to be an extension of the Race Committee Boat.
- 7.6. The start will be in the vicinity of the 2KR buoy.
- 8. The Course.**
- 8.1. Courses utilizing inflatable marks are shown in Illustration A. Each course is assigned an identifying numeral and all roundings are to be left to port as shown in each diagram. The approximate magnetic bearing and distance from the leeward mark, Mark Z, to the windward mark, Mark X, will be displayed on the Race Committee signal boat.
- 8.2. Courses using inflatable marks and government aids to navigation may be used. These courses will be displayed on the Race Committee signal boat with letters identifying marks to be passed in the order of their passing. Either a red or green signal will be displayed after the letters indicating a port or starboard rounding, RRS 28.1 shall apply. See 8.6 for mark designations.
- 8.3. Courses shall be sailed once around if there is no numeral following the course designation. Courses to be sailed twice, or even three times around, will be signaled as such with the appropriate numeral following the course designation.
- 8.4. The Start / Finish Line is restricted except for the act of either starting or finishing a race, exception being when the port end of the Line is listed as a mark of a course utilizing government marks. Yachts crossing the Start / Finish Line while not starting or finishing, and not exonerating themselves by going back around an end, shall be scored as DNF.
- 8.5. Courses will be posted conspicuously on the Race Committee signal boat prior to the warning signal and will be announced on VHF 68.
- 8.6. Government aids to navigation shall be identified as follows:
- 8.6.1. "K" R "2KR" Fl R 2.5s WHIS Kitts Rocks
 - 8.6.2. "L" R Nun "2" Little Harbor
 - 8.6.3. "G" G "1" Fl G 4s Gunboat Shoal
 - 8.6.4. "I" RW Eell "IS" Red and White Bell outside Gosport
 - 8.6.5. "F" C "1A" Foss Ledges
 - 8.6.6. "R" RW "RH" Mo(A) WHIS Rye Harbor
 - 8.6.7. "Y" "24YL" south east of York Ledge.
 - 8.6.8. "W" R "2" Fl R 4s (North/North West of Whaleback Light)
 - 8.6.9. "X" Windward Inflatable
 - 8.6.10. "Z" Leeward Inflatable

Illustration A



9. **Recalls.** Individual and General Recalls will be handled in accordance with RRS 29.2 and RRS 29.3 - individual premature starters will be hailed by sail number on VHF 68. Failure to hear the hail or any issues arising from order of the hails will not be grounds for redress.
10. **Change of Course after the Start.** A change of course after the start will be signaled before the leading yacht has begun the leg, although the new mark **may** not be in position. Any mark to be rounded may be relocated to maintain the original course configuration, after all the yachts on that leg have completed it.
11. **Abandonment or Shorten Course.** Race Committee may abandon the race or shorten course for any reason.
12. **The Finish.** The finish line will be between the red post on the Race Committee signal boat and the nearby mark.
13. **Number of Races.** One race is planned.
14. **Time Limit.** If any yacht has finished by 17:00 hours, it is a race. If no yacht has finished by the prescribed time, the race is to be considered abandoned, RRS 35, with no plan to re-sail. The race committee reserves the right to finish yachts in place should conditions warrant.
15. **Protests.** Protests will be in accordance with RRS 61 except as follows:
 - 15.1. Yachts intending to protest will, after finishing or retiring, notify Race Committee at the finishing line of the sail number of the protested yacht. A boat that has retired may notify Race Committee ashore if unable to do so on the water.
 - 15.2. Protest filing.
 - 15.2.1. Protests must be in writing and delivered to the chairman of the race committee within one hour of the arrival of the committee at the KPYC.
 - 15.2.2. The Protest Committee will not accept any protests that do not meet the requirements of 15.2.1.

- 15.3. Upon receipt of a valid protest, the Protest Committee, will contact the interested parties to schedule a protest hearing. The hearing will be held the as soon as practical the evening of the race at the KPYC.
- 15.4. Yachts intending to protest must conspicuously display the "B" flag from the backstay at the first reasonable opportunity.
16. **Withdrawal.** Yachts that withdraw from a race or decide not to start, **SHALL** advise Race Committee as soon as reasonably possible on VHF Channel 68.
17. **Scoring.** PHRF yachts will be scored using Time on Time, TOT, as prescribed in the [New England PHRF guidelines](#).
18. **Radio Communication and Emergency Conditions.**
 - 18.1. Except in an emergency, a yacht shall not make or receive radio communications not available to all yachts while racing. This restriction also applies to mobile telephones.
 - 18.2. The Race Committee will utilize Ch 68 VHF for communications with competing yachts for race information, change of course, etc.
 - 18.3. Yachts shall monitor VHF Channel 68. Failure to monitor VHF 68 shall not be grounds for redress.
 - 18.4. Emergency conditions will be reported directly to Race Committee on VHF 68. Yachts in need of assistance will further contact necessary authorities on channel 16.
19. **Safety.**
 - 19.1. All commercial traffic in the channel should be considered "Restricted in Ability to Maneuver," as defined in Rule 18 of The International Regulations for Avoiding Collisions at Sea (COLREGS), and as such, have the right-of-way in all circumstances.
 - 19.2. Yachts will comply with RRS 1.2. Yachts will conform to all government regulations.
 - 19.3. All yachts are required to have a GPS and VHF on board. GPS use during the race is encouraged.
 - 19.4. Use of a personal flotation device (**PFD**) is required during the race.
 - 19.5. Race Committee may abandon a race at any time before, during, or after the start for safety reasons, if it deems the situation too dangerous to continue and shall not be grounds for redress.
20. **Results.** Results will be announced at the awards ceremony at the KPYC the evening of the race and will be posted on the KPYC bulletin board, on www.KPYC.net and on www.sailpsa.org.